

## **PSYCHOLOGY EXAMINATION**

### **PART I: MULTIPLE CHOICE QUESTIONS**

**15 MARKS**

1. **The process of gradually acquiring certain skills and feelings as the child grows up is referred to as: -**
  - a) Growth.
  - b) Heredity.
  - c) Milestone.
  - d) Development.
2. **The part of the mind where the censored materials are kept is the: -**
  - a) Conscious mind.
  - b) Pre conscious mind.
  - c) Subconscious mind.
  - d) Unconscious mind.
3. **The field of psychology that deals with diagnosis and treatment of mental disorders is: -**
  - a) Clinical.
  - b) Developmental.
  - c) Experimental.
  - d) Personality.
4. **The psychological theory that views that people have free will and potential for self-actualization is: -**
  - a) Behaviourism.
  - b) Psychodynamic theory.
  - c) Cognitive theory.
  - d) Humanism.
5. **Psychomotor learning: -**
  - a) Includes acquisition of physical skills.
  - b) Includes ability to think & form mental concepts.
  - c) Includes ability to express emotions.
  - d) Takes place later in life i.e. after 70 years.

6. **A recall of events that occurred over the past few hours or days are stored in which type of memory?**
- a) Immediate memory.
  - b) Recent past memory
  - c) Recent memory.
  - d) Remote memory.
7. **A psychologist whose inters lays on reasoning, problem solving and memory is probably a: -**
- a) Historical psychologist.
  - b) Clinical psychologist.
  - c) Educational psychologist.
  - d) Cognitive psychologist.
8. **During repression as a mental defense mechanism:-**
- a) The individual demonstrates an attitude of hostility resulting from frustration.
  - b) Painful, frightening, or threatening emotions, memories, impulses or drives that are subconsciously pushed or "stuffed" deep inside.
  - c) Painful, frightening, or threatening emotions, memories, impulses or drives that are consciously pushed or "stuffed" inside.
  - d) An individual substitutes unacceptable suppressed type of behavior for another more acceptable form.
9. **Homeostasis as a motivation theory suggests that:-**
- a) Human behaviour is determined by two basic forces i.e. the life and death instincts.
  - b) It is essential that the body maintains a constant internal environment for its optimum functioning.
  - c) Tension builds up in an organism in response to certain needs which are necessary.
  - d) An organism is likely to engage in a certain type of behavior if it were **rewarded** following food-seeking behaviour.
10. **Pavlov demonstrated that dogs could be conditioned to salivate in response to new stimulus such as ringing a bell followed by food for several times. In this case, the unconditioned stimulus is:-**
- a) The food.
  - b) The bell.
  - c) Act of salivation.
  - d) The dog.

11. In Psychology, '*psyche*' is a Greek word meaning:-

- a) Soul.
- b) Study.
- c) Attitude.
- d) The mind.

12. The first psychology laboratory was established by:-

- a) JB Watson.
- b) Wilhelm Wundt.
- c) Aristotle.
- d) Socrates.

13. Which two disciplines provided foundations for the field of psychology?

- a) Philosophy and physiology.
- b) Sociology and philosophy.
- c) Physiology and sociology.
- d) Physiology and theology.

14. How did Wilhelm Wundt define psychology?

- a) The scientific study of the unconscious.
- b) The scientific study of the conscious experience.
- c) Scientific study of behaviour.
- d) Scientific study of the brain.

15. For question 15, indicate whether the statement is TRUE (T) or FALSE (F):

- a) Psychoanalytic theory was developed by Abraham Maslow.
- b) J.B. Watson believed that observable behavior was the only reliable source of information.

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**PART II: SHORT ANSWER QUESTIONS**

**15 MARKS**

- 1. Explain two (2) types of intrapersonal conflicts. **4 marks**
- 2. Apart from Repression, state three (3) mental defense mechanisms. **3 marks**
- 3. State the eight (8) stages of development by Erick Erickson. **8 marks**

**Question one (1): -**

Psychological care is a vital constituent of holistic management of every patient.

- a) Discuss the classical conditioning theory and its application in our socio and professional lives. **10 marks**
- b) Explain the structure of personality according to Sigmund Freud. **6 marks**
- c) Explain two (2) reasons for studying Growth & Development. **4 marks**